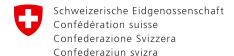


"Fit for the Future" project Intercultural empowerment through targeted community welfare work



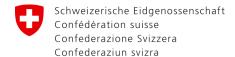






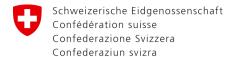
Large Families Foundation (LFF)

- Low-income families with three or more children
- Luchswiese housing estate
 40 large family apartments:
 230 people, including 100 children and 50 young people aged between 14 and 20
- ½ Swiss families
- 3/4 families with a migration background from 14 different countries
- Many of the families have low levels of education, and they are frequently affected by unemployment or incapacity for work.



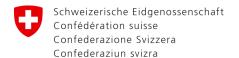
Initial situation on the Luchswiese estate

- A high turnover of tenants and a rapidly growing proportion of foreign families led to social tensions in community life.
- There was a progressive decline in tenants' sense of responsibility and in their readiness to promote community welfare.
- As a result, there was an increase in vandalism, night-time disturbances and theft.
- Young people gathered in the yard -> noise, drinking, litter, aggressive behaviour towards residents, etc.

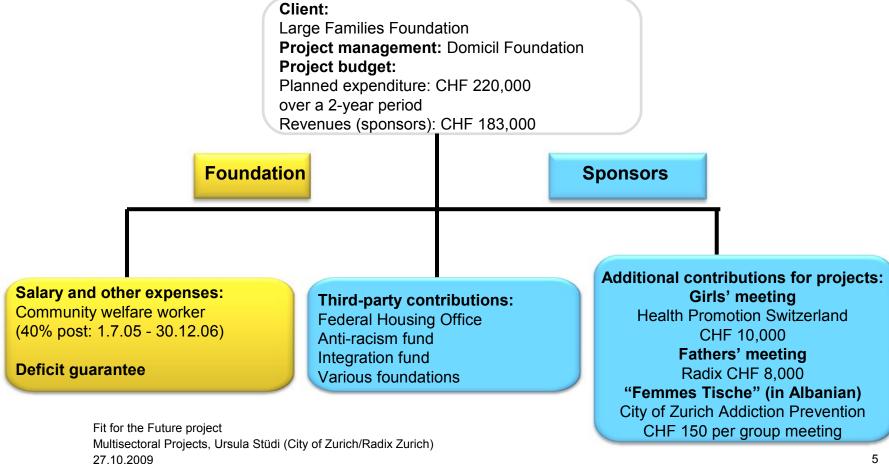


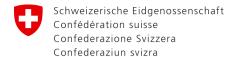
Project goals

- To promote peaceful coexistence
- To strengthen residents' ability to deal with conflict
- To support participation and empowerment in an intercultural environment



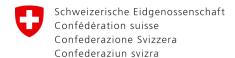
Funding





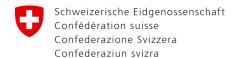
Step by step – Door-to-door contacts





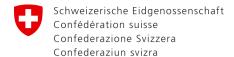
Step by step – Establishing the expert's credentials





Step by step - Intercultural work with women



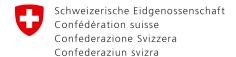


Step by step – Intercultural girls' meeting

Involvement of fathers and mothers ...

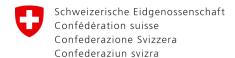
... leads to greater freedom of action for young women ...





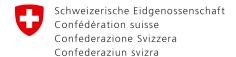
Step by step – Intercultural boys' meeting





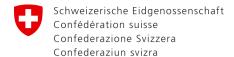
Step by step – Intercultural fathers' meeting





Step by step – Community social events





Step by step – Management

IG Luchswiese (interest group):

Once-yearly exchanges among representatives of the various target groups. Organisation of tenants' meeting

Tenants' meeting:

Once-yearly meeting for all tenants. Discussion of the current situation on the estate and joint efforts to resolve problems

Community social event:

Once a year. Organised by IG Luchswiese and fathers

Tandem (block managers):

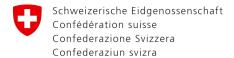
Welcoming new arrivals. Introduction and motivation to participate in community activities

Individual support:

Personal assistance provided by social worker/management, as required

Caretaker:

Key person for estate managers and local residents.



Step by step – Self-management

Empowerment through participation

Process costs:

- 1½ years
- 40% welfare work post

Current support:

5% WWP per year

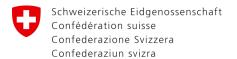
Selbstverwaltung

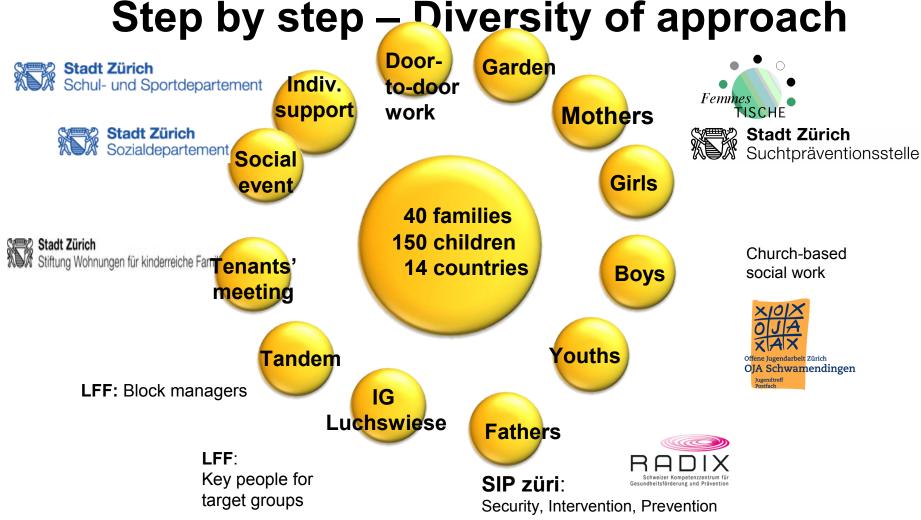
Mitentscheidung

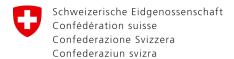
Mitwirkung

Information

Nichtbeteiligung





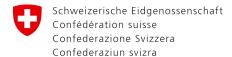


Transfer: Fit for the Future – Field research

Project: Cohesion - Diversity management in communities and neighbourhoods

Selected insights from field research:

- Social-environmental orientation
- Solution orientation
- Systemic view
- Confidence-building relational work



Intervention: Parental presence in yard - male youths

Observation:

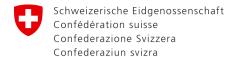
- Analysis of situation (individuals and *structures*) by welfare worker
- Collaboration with SIP, specialist organisations ...
- Instructing fathers: "We need you ...", de-escalation strategies, presence rather than force ...

Intervention: Presence on the ground

- "Sit-ins" by fathers respectful attitude ...
- Support (individual cases) and triage by welfare worker
- Developing rules ... (individuals and *structures*)

Staying in contact: Not looking the other way

- Vigilance and appropriate presence of fathers in the yard



Summary

- Task defined and financial resources available
- "Go-structure" (outreach), social-environmental orientation
- Resource orientation: individual and structural levels
- Confidence-building relational work
- Solution orientation: step by step
- Attitude: "We need you ..."
- Development of "sensors" for early detection and intervention:
 - IG Luchswiese
 - Tenants' meeting
 - Block managers: introducing new arrivals
 - Key people: caretaker
- Cooperation and networking in the social environment
 - Interfaces management

Links

- Summary of "Fit for the Future"
 http://www.gesunde-maenner.ch/html/angebote+46.html
- Contact "Fit for the Future": katharina.barandun@zuerich.ch
- Gender Health Swiss Federal Office of Public Health FOPH: http://www.bag.admin.ch/themen/gesundheitspolitik/00394/0040 2/index.html?lang=de Attitude: "We need you ..."