COVID-19: what to do

If you have any of the following symptoms:



Cough



Other symptoms that your doctor should assess: loss of smell and taste, chills, sore throat, muscle aches, headache, general weakness, diarrhoea or vomiting, among others.



Stay at home and call the hotline for your region



If you experience:

Shortness of breath

A worsening of symptoms

A feeling of heaviness

Chest pain



Call **112**

This is an emergency telephone number We must all use it wisely

Consult official sources for information: www.mscbs.gob.es @sanidadgob

Andalucía	900 400 061 / 955 545 060	. 5
Aragón	976 696 382	
Asturias	984 100 400	
Cantabria	900 612 112	
Castilla-La Mancha	900 122 112	
Castilla y León	900 222 000	
Cataluña	061	
Ceuta	900 720 692	
C. Madrid	900 102 112	
C. Valenciana	900 300 555	
Extremadura	112	
Galicia	900 400 116	
Islas Baleares	900 100 971	
Canarias	900 112 061	
La Rioja	941 298 333	
Melilla	112	
Murcia	900 121 212	
Navarra	948 290 290	
País Vasco	900 203 050	



