

KEY DATA FROM SPAIN'S NATIONAL HEALTH SYSTEM

January 2026

Population



Inhabitants

49 million

21% of them older than 65

84 years is the life expectancy of someone born now

80 of those years will be lived in good health

Births

320,656

Deaths

436,124

Causes

Cerebrovascular disease

Breast or colon-recto cancer

Coronary heart disease

Lung or colon-recto cancer

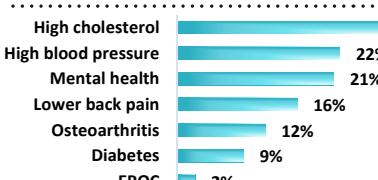
Health status

7 out of 10

people believe they are in good health



Principal chronic health problems



Public system coverage

Full Portfolio of Services for all people who reside in Spain.

Lifestyles



Obesity

15% in adults 15% 15%

7% in children and infants 7% 8%

Nutrition

53% eat fruit 56% 50%

33% eat vegetables 38% 27% every day

Physical activity

28% do not do any physical activity 32% 25%

Tobacco

17% smoke tobacco daily 13% 20%

Alcohol

31% drink weekly 22% 41%

Other drugs

13% of adults have consumed cannabis 9% 16% and 3% cocaine 1% 4% in the past 12 months

National Health System professionals



Medicine

177,000

professionals in primary healthcare

96,000 professionals in hospital healthcare

4,000 professionals in accident and emergency

services (phone nos. 112/061)

33,000 professionals training to be specialists

Nursing

229,000

professionals in primary healthcare

175,000 professionals in hospital healthcare

5,000 professionals in accident and emergency

services (phone nos. 112/061)

4,000 professionals training to be specialists

Other professionals

387,000

other professionals in primary healthcare

other professionals in hospital healthcare

other professionals in accident and emergency

services (phone nos. 112/061)

3,000 other professionals training to be specialists

Healthcare



Primary healthcare centres

3,000 healthcare centres

10,000 doctor's offices

2,000 outpatient accident and emergency services

243 million medical consultations

147 million nursing consultations

78 million teleconsultations

14 million home visits

36 million emergencies

Accident and emergency (phone nos. 112/061)

3,000 ambulances

8 million healthcare demands

600 ambulances mobilized for 1,000 healthcare demands

Hospitals

470

117,000 beds

21,000 outpatient hospital places

358 reference centres, services and units

47 hospitals with an authorized transplant programme

4 million hospital admissions

7.9 days overall average stay

6.5 days average stay in acute-care hospitals

€ 5,810 average cost of each hospital stay

91 million consultations

105 days average waiting time for first consultation

surgical interventions (with or without hospitalization)

126 days average waiting time for non-urgent

surgical interventions

transplants

6,466 emergencies

25 million

Research



Most renowned institutions in Spain's research structure

Instituto de Salud Carlos III (Carlos III Health Institute)

Intramural centres

Centers of excellence in human health

Centers linked to Carlos III Health Institute

Research institutes and networks

35 accredited research institutes

7 results-oriented cooperative research networks in health (RICORS)

13 network biomedical research centers (CIBER)

13 research support platforms

Health expenditure



Public

€ 105.1 billion/year

7,0% GDP

€ 2,176

7 out of 10 euros

€ 14,6 billion

2.5% GDP

€ 779

9 out of 10 euros

Private

€ 37.6 billion/year

2.5% GDP

€ 779

9 out of 10 euros

Total

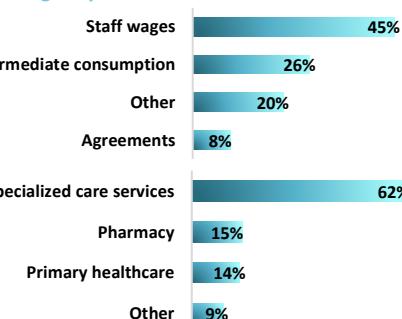
€ 142.7 billion/year

9.5% GDP

€ 2,955

per inhabitant

Distribution of public health expenditure managed by the Autonomous Communities



Citizens' opinion



Health system

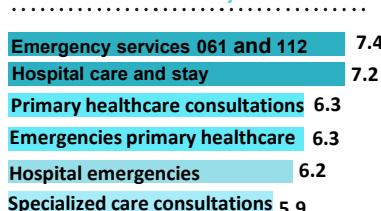
6 Out of 10 people

consider that the health system **works well**

Fewer than 3 out of 10 believe that it **needs changes**

More than 1 out of 10 believe that it should be **rebuilt**

Assessment by the users of the National Health System



The data collected in this infographic are the most recent available in each of the existing sources of information in the Health Information System, at: