



NOVEDADES en RECOMENDACIONES PREVENTIVAS PAPPS 2022.

Lunes, 8 de mayo de 2023



EUROPREV

European Network for Prevention and Health Promotion in Family Medicine
and General Practice

Learn More

Representantes de EUROPREV en semFYC Carlos Brotons, Laura Rodriguez

NOVEDADES en Recomendaciones Preventivas - PAPPS 2022

History of EUROPREV

EUROPREV – the European Network for Prevention and Health Promotion in Family Medicine and General Practice – was launched after the First International Meeting on Prevention and Health Promotion in Europe which took place in Santiago de Compostela, Spain in November 1995.

In April 1996, a meeting was organised in Barcelona between representatives of the World Organisation of Family Doctors (WONCA), the World Health Organisation (WHO) and others to discuss the creation of a working group on prevention and health promotion, and it was proposed that this be named the “European Review Group on Prevention and Health Promotion in Family Medicine and General Practice (EUROPREV)”.

The establishment of EUROPREV was then approved by delegates from different European countries during the WONCA Europe Conference held in Stockholm, Sweden in July 1996.

In November 2001, WONCA Europe President Dr Philip Evans announced that WONCA Europe considers EUROPREV as one of its five network organisations, and requested that it represents its interests with reference to prevention and health promotion. As a result, EUROPREV changed its official name from ‘review group’ to ‘network’.

For more details regarding the early history of EUROPREV, please click [here](#) to read the article ‘The First Ten Years of EUROPREV’ published in the December 2006 edition of the European Journal of General Practice.

Past EUROPREV presidents

From 1996 to 2010 – **Carlos Brotons, MD, PhD**

From 2010 to 2018 – **Mateja Bulc, MD, PhD**

Current EUROPREV president

Carlos Martins, MD, PhD

2023 EUROPREV e-learning webinars

MODULES



Module 1

18th January 2023
21h00 (Central European Time)

Cancer detection

- A new EU approach on cancer detection – screening more and screening earlier
- The new EU Commission proposal and the risk of overdiagnosis
- Soon we all be patients?

Speakers: Carlos Martins and John Brodersen

Module 2

15th February 2023
21h00 (Central European Time)

Simplified Lipid guidelines

- Simplified lipid guidelines
- Clinical practice guidelines
- Clinical practice guidelines big problems

Speakers: James McCormack and Michael Allan

Module 3

15th March 2023
21h00 (Central European Time)

Lifestyle interventions

- How can we implement lifestyle interventions in clinical practice?
- Changing behaviour in patients with chronic conditions
- Lifestyle interventions: where patient and health professional meet in self care
- Clinical vignettes

Speakers: Ivan Hanes and Andree Rochford EQUIP & EUROPREV webinar

Module 4

17th May 2023
21h00 (Central European Time)

Deprescription

- Deprescription strategies
- How to deprescribe a medication
- Strategies to deprescribe in elderly polymedicated patients

Speakers: Barbara Farrell and Lisa McCarthy

Extra Module

Webinar about Overdiagnosis

24th May 2023
21h00 (Central European Time)

- #### Overdiagnosis
- Overdiagnosis: what it is and what it isn't
 - The data and the facts
 - Implications in the clinical practice

Speakers: Alexandra Jönsson and John Brodersen

The collage includes:

- A dark blue banner with the logo of the European Forum on Prevention and Primary Care (a stylized white figure) and the text "2023 EUROPEAN FORUM ON PREVENTION AND PRIMARY CARE".
- An orange rectangular box containing the text "Porto, 2023 April 17th - 18th" and "THEME FOR 2023: PRIORITIES IN PREVENTION".
- A small logo for "EUROPREV" featuring a red star and a white figure.
- A QR code and the URL <https://europrev.woncaeurope.org/>.
- A photograph of the Dom Luís I Bridge in Porto, Portugal, spanning the Douro River.
- A section titled "TOPICS" with a list of topics: Greener Practices, Lifestyles and Planetary Health; Population health approaches in primary care; POCUS in Family Medicine: from diagnostic accuracy to overdiagnosis; Making Mental Health a Priority for Prevention; and Immigrant and refugees' Health.
- A "FORUM REGISTRATION" section with a QR code and the URL <https://europrev.woncaeurope.org/>.
- A "Conference Partners" section featuring logos for Dr.Share, MGFamily, and H4A.

NOVEDADES en Recomendaciones Preventivas - PAPPS 2022

- Greener Practices, Lifestyles and Planetary Health
- Population health approaches in primary care
- Preventive mammography: pros and cons
- Light and shadow of 2021 European Guidelines on Cardiovascular Disease Prevention
- POCUS in Family Medicine
- Making Mental Health a Priority for Prevention: the Ethical Imperative
- Immigrant and refugees' Health – what a challenge(!)
- When less is more – therapeutic reconciliation and deprescription in primary health care

Controversy in Cancer Screening Prostate Cancer

The banner features a blue background with a magnifying glass icon in the top right corner. The title 'Controversy in Cancer Screening Prostate Cancer' is displayed in large white text. Below the title are three small icons of prostate glands. To the right, the date 'Wednesday 22 March 2023' is shown in red, along with time zones: '18:30 CET (Paris), 17:30 GMT (London), 19:30 EET (Athens)'. The 'Wonca Europe' logo is also present. At the bottom, there are three circular portraits: one for the 'Moderator' (Prof. Ferdinando Petrazzuoli MD, PhD), one for the speaker 'For screening' (Professor Hendrik Van Poppel, MD, PhD), and one for the speaker 'Against screening' (Professor John Brandt Brodersen, Md, PhD). A red button at the bottom encourages registration.

**Controversy in Cancer Screening
Prostate Cancer**

Wednesday 22 March 2023
18:30 CET (Paris), 17:30 GMT (London), 19:30 EET (Athens)

[Home | EUROPREV](#)

Moderator
Prof. Ferdinando Petrazzuoli MD, PhD

For screening
Professor Hendrik Van Poppel, MD, PhD

Against screening
Professor John Brandt Brodersen, Md, PhD

[Click to register for this Web Conference](#)

Controversy in Cancer Screening: Lung Cancer

The banner features a blue background with a magnifying glass icon over a microscopic view of cancer cells. At the top, the title "Controversy in Cancer Screening Lung Cancer" is displayed in large white font. Below the title, there are three circular portraits: one for "For" (Jan van Meerbeeck), one for the "Moderator" (Shlomo Vinker), and one for "Against" (Carlos Martins). The event details "Thursday 13 April 2023 18:30 CET" are centered above the portraits. The Wonca Europe logo is also present.

**Controversy in Cancer Screening
Lung Cancer**

For
Jan van Meerbeeck

Moderator
Shlomo Vinker

Against
Carlos Martins

Thursday 13 April 2023
18:30 CET

Wonca
World family doctors. Caring for people.
EUROPE

[Click to register for this Web Conference](#)



EDITORIAL

EUROPREV (Red Europea de Prevención)

EUROPREV (European Network for Prevention)

WONCA Europe

EUROPREV, como red oficial de la WONCA Europe en temas de prevención y promoción de la salud, participa regularmente en los congresos de la WONCA Europe, aunque en los últimos años por la pandemia del COVID-19 se han organizado actividades presenciales.

En el marco del congreso WONCA 2022, en Londres los pasados días 28 de junio al 1 de julio del 2022, EUROPREV organizó los siguientes workshops:

1. Colorectal cancer screening in Europe: from reality to evidence, EUROPREV workshop, Carlos Martins, Ahmed Ali.
2. Tools to practice Evidence Based Medicine, EUROPREV workshop, Carlos Martins
3. Lifetime cardiovascular risk: a new tool to assess cardiovascular risk in young adults, Inneke Winkel, Carlos Martins.

Durante el congreso, el día 29 de junio, se celebró por la tarde la reunión del Council de EUROPREV, en la que se discutieron aspectos relacionados con los nuevos deseos, la relación con otras redes de la WONCA, los proyectos en marcha de EUROPREV y las propuestas del IV European Forum on Prevention and Primary Care.

Redes sociales y Webinars

EUROPREV cuenta con nuevos canales de redes sociales:

1. Facebook (<https://www.facebook.com/EUROPREVnetwork/>, 795 followers).
2. Twitter (@EUROPREV_WONCA), (https://twitter.com/EUROPREV_WONCA, 75 followers).
3. <https://europrev.com/govern/>, 1,098 subscribers.

EUROPREV ha organizado e-learning webinars gratuitas, organizados conjuntamente con EQUIP, y abiertas a organizar nuevos webinars con otras redes de la WONCA.

<https://doi.org/10.1016/j.eurprim.2022.104413>
<https://www.semFYC.org/revistas/ep/indice-de-articles/>

Europa. Los temas siempre han sido relacionados con prevención y promoción de la salud en atención primaria, todos los módulos impartidos pueden visualizarse en <https://europrev.woncaeurope.org/news/europrev-training-webinars>.

Publicaciones

Carlos Martins, como presidente de EUROPREV, juntamente con el presidente de la WONCA Europe, Silvano Vinken, y el resto de los presidentes en las diferentes redes de la WONCA, firmaron la siguiente declaración: European Family Physicians appeal to STOP WAR, publicada el 27 de marzo del 2022.

Delegados de EUROPREV

EUROPREV cuenta con 30 delegados representando a 22 países europeos. La Dra. Laura Rodríguez, médica de familia actualmente trabajando en Londres, se ha incorporado como nueva representante por parte de YC. También se ha incorporado Xentia Wichterlová de Slovakia.

European Forum on Prevention and Primary Care

Durante los años 2010 y 2011, a causa de la pandemia, no se pudo organizar los Forums que se venían organizando en la Facultad de Medicina de la Universidad de Oporto. Esta pre visto que el próximo IV Forum se celebre los días 17 y 18 de abril del 2023, con el tema de la conferencia "Evidence Based Prevention - How to do it".

Uno de los temas principales será sobre las evidencias que sustentan sobre las intervenciones en cambios de estilos de vida.

Para más información: <https://www.mgmatlitar.net/EUROPREV>

EDITORIAL

Grupos de trabajo de EUROPREV

Los grupos de trabajo consagrados de EUROPREV son los siguientes: Prevención de enfermedades cardiovasculares, cribado de cáncer de colon, Prevención de la violencia de género, Prevención comunitaria, Cambios en comportamiento en temas de alcohol y tabaco.

Conflictos de intereses

Los autores declaran no tener ningún conflicto de interés.

Carlos Brötter^{1,*} y Carlos Martins²

¹Representante de Portugal en el Comité Ejecutivo de la Red de Investigaciones Biomédicas, RIB, Portugal. ²Presidente de la Red de Investigaciones Biomédicas, RIB, Portugal.

*Presidente de EUROPREV. MDGCoS-Desarrollo centro de Ciencias da Información e da Decisão em Saúde, Universidade do Porto, Porto, Portugal.

^{*}Autor para correspondencia.
Correo electrónico: carlosbrötter@medicina.up.pt (C. Brötter).