

Alcohol consumption and equity

How to address this at the health centre

Alcohol consumption is associated with social and health inequities

Alcohol consumption is not just an individual decision; rather, it is influenced by a person's conditions and circumstances (social determinants of health)

IDENTIFY PROTECTIVE AND RISK FACTORS

Socio-political context



POLICIES



LEGISLATION



SOCIETY'S CULTURE AND VALUES



SOCIO-ECONOMIC DEVELOPMENT

The immediate environment



At the health centre

- **Identify** consumption
- **Inform patients** about risks and low-risk consumption thresholds
- **Offer** counselling or any other necessary intervention

- **Take into account:**
 - the environment
 - the specific needs of certain groups
 - people who need help and are not attending the health centre: **community-based approach**

- **Identify** actors and sectors involved: seek **coordination** mechanisms

Utilize **community resources** and community **involvement**

LOCALIZA salud

Consult official sources for information:

<https://estilosdevidasaludable.sanidad.gob.es/en/home.htm>

<https://www.mscbs.gob.es/en/home.htm>

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ESTRATEGIA PROMOCIÓN DE LA SALUD Y PREVENCIÓN EN EL SNS



GOBIERNO DE ESPAÑA

MINISTERIO DE SANIDAD