

Recommendations: restaurants, cafés and outdoor seating



Before going



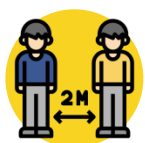
If you have any Covid-19 symptoms, are in Covid-19 isolation, or are in quarantine because you have been in close contact with someone with Covid-19, **stay at home**.



Call in advance to book a table and find out about the establishment's safety measures; for example, maximum number of people per group, changes in opening hours.



Wash your hands with soap and water before leaving your home.

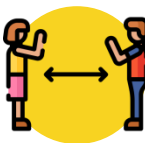


If you have to wait before entering the establishment, **stay socially distanced**.



Try to find spaces that are **outdoors** and smoke-free.

While there



Stay socially distanced from your companions (only those who live together can be less than 1.5 metres apart) **and from staff**.



Don't join tables together.



Limit your movements within the venue to only those that are necessary and follow the establishment's rules.



Wash your hands with soap and water or sanitizing gel before eating or drinking.



Only remove your **mask** when eating or drinking.



Don't smoke. Smoking is damaging to your health and could worsen your prognosis should you catch Covid-19.

Consult the rules and regulations of your Autonomous Community.

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Consult official sources for information

www.mscbs.gob.es

@sanidadgob

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